

Wellness Policy Committee

Minutes
November 7, 2019

FUSD Admin Center Professional Library

4 p.m.

1. Food Service update
 - Does the Wellness Committee get involved with:
 - Canned food drive? Food Service would like to have a drive in December. Coordinate with schools and other agencies
 - Speak up Stand up Conference- suicide prevention-partner with FUSD-talk to Mike Penca
 - Sheila Walsh
 - Vitalist - 3 year Grant-Spark Grant 1 year. Consider submitting next year-2020. Address social awareness initiative. Wellness Coordinator position could be built into the grant to oversee the Wellness Committee and program. Chartwells can be a partner.
 - Farm to School Grant
 - Different things that FUSD had done and grants applied for were discussed
 - FFAVOR - Fresh Fruit and Vegetable program
 - Teach about the fruit or vegetable/partner with Food Corps
 - Discovery Kitchen/Food Service was mentioned
2. Presentation to FUSD Governing Board
 - Viewed Slideshow
 - Looked at documents presented to the Board
 - Present Food/Nutrition, Physical Activity, Physical Education- goals met and what we are still working on
3. Meeting dates for 2019/2020
 - November 7, 2019
 - February 20, 2020
 - April 2, 2020

4. Students bringing energy & coffee drinks to middle & elementary schools
 - Re-education program when we have a dietitian intern
 - Principal sent message to parents banning energy & coffee drinks. Middle school principals can enforce this.
 - Invite Tammy Nelson & Robert Kelty to the next meeting -put item first on the agenda.
 - Eating in classrooms was brought up.
 - Water in SMS discussed. Improvements are going to be made.
5. Proposed SNAP Rule-Categorical Eligibility in the Supplemental Nutrition Assistance Program
 - Tabled until the February Meeting
6. Local Wellness Policy Assessment
 - Tabled until the February Meeting

The next meeting of the Wellness Policy Committee February 20, 2020.